



USER'S MANUAL

SENSOSPHERE - Pro

INTERACTIVE HARMONIZING THERAPY LIGHT

Congratulations on your purchase of **SENSOSPHERE-Pro**.

You can now enjoy the beneficial effects of this Dynamic Color Therapeutic Light.

This state-of-art interactive color therapeutic light is designed to provide you with a sense of well being conducive to healthy living. The SENSOSPHERE-Pro offers you a choice of therapeutic light modes, each one interacting with music and hand swipe gestures except Monochrome Mode. The SENSOSPHERE-Pro is derived from the same patented technology used in some professional health clinics under Sensora™ multi sensorial systems around the world. This product is suitable for Commercial, Institutional and Household use.

Table of Contents

- CONTENTS OF BOX
- IMPORTANT SAFETY INSTRUCTIONS
- IMPORTANT MAINTENANCE INFORMATION
- BEST USE PRACTICES
- THE FOUR SENSOSPHERE-Pro MODES
- TIPS FOR USING SENSOSPHERE-Pro
- USER INTERFACE -TURN POWER ON/OFF
- THERAPEUTIC MODE LIGHT SELECTION
- LIGHT INTENSITY CONTROL
- MONOCHROME COLOR SELECTION
- TOGGLE AUDIO SENSE
- HAND SWIPE GESTURES FOR INTERACTION
- DISCLAIMER
- WARRANTY

You can view Video of “user instruction tutorial” online at: StressLightTherapy.com and YouTube at www.youtube.com/watch?v=AK57Lcnoodk



CONTENTS OF BOX

- ✓ **SENSOSPHERE-Pro** and Power Supply (**Note:** Power Supply located In bottom of Box) *
- ✓ User Manual including **“Important Safety Instructions”** to be read first and **saved**.
- ✓ Operating Instructions
- ✓ User Maintenance Instructions
- ✓ Special notes
- ✓ Disclaimer
- ✓ Warranty

* It is recommended that you keep this box for storage or any transportation, since it has been constructed to keep SENSOSPHERE-Pro safe from damage in normal circumstances.

Important Safety Instructions - Special Notes:

SensoSphere-Pro should not be considered a medical device and we always recommend discussing its use by patient’s doctor.

SensoSphere-Pro use is NOT recommended for patients suffering from Migraine headaches or other related conditions brought on by Flashing Light bursts.

Our product is not designed as a SAD (Seasonal Affective Disorder) device but it is a Therapeutic Device designed specifically with Advanced Technology clinically shown to have significant benefit for individuals suffering from various ailments.

To avoid damage to SENSOSPHERE-Pro and Power source against Power Spikes it is highly recommended you use a Surge protection bar, which allows you easier facility to control the ON/OFF operation as well. It is **always** recommended to turn the Power Source off after each use.

Proper User Interface and Sphere sensitivity operation, requires that there be no obstruction objects closer than five inches (125cm) from Equator and North pole, which includes walls, pictures etc which could provide false signals when trying to interface. **In addition, this product cannot be floor mounted due to floor vibrations. It should also be placed in area of room and on a bureau or table where there are no vibrations or sudden jolts.**

Proper care and storage of Power converter and cord extension should always be considered when not in use. Furthermore, while in use, consideration should be taken to avoid tripping on cord extension and damage to Sphere.

NOTE: UL has not tested the health aspects with the use of this product and its therapeutic effect on human body.

IMPORTANT SAFETY INSTRUCTIONS – as outlined by UL requirements

When using an electrical furnishing, basic precautions should always be followed, including the following:

Read all instructions before using SENSOSPHERE-Pro and **save these instructions**.

DANGER: To reduce the risk of electric shock:

Always unplug SENSOSPHERE-Pro from the electrical outlet before cleaning and after usage.

WARNING: To reduce the risk of burns, fire, electric shock, or injury to persons:

1. Unplug from outlet before putting on or taking off parts.
2. Close supervision is necessary when SENSOSPHERE-Pro is used by, or near children, invalids, or disabled persons.
3. Use SENSOSPHERE-Pro only for its intended use as described in these instructions.
4. Never operate SENSOSPHERE-Pro if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return SENSOSPHERE-Pro according to Warranty conditions and preapproved by supplier, for examination and quote for repair.
5. Keep the power cord away from heated surfaces.
6. Never operate SensoSphere-Pro with the air openings blocked. Keep the air openings free of lint, hair, and the like.
7. Never drop or insert any object into any opening.
8. Do not remove the electronics center piece or remove the support base under any circumstances. Void of Warranty.
9. Do not use outdoors and in direct sunlight indoors.
10. Do not operate where aerosol (spray) products are being used or where oxygen is being administered.

IMPORTANT MAINTENANCE INFORMATION

The easiest and guaranteed method not to scratch or damage in any way diffusers in PMMA (of any color) during the cleaning process, is by simply washing with warm water, remember to always use a mild soap, detergent. Any halos that can be created after using soap and water are removed with ease by using a dry sponge (not abrasive). If washing is carried out with demineralized water, allow the diffuser to dry without applying the sponge.

Use a microfiber cloth, but those with a smooth surface (not a honeycomb or with evident discharge of fibers). With that, just wet with water and squeeze out well (must remain slightly damp) with this method you can also clean the screens of plasma TVs and PCs.

Absolutely not opaque and perfectly clean. Do not use any type of aggressive product (Vetрил, Glassex etc. always have a component of ammonia or alcohol, that are very damaging to the plastic surfaces). At best, if the diffuser is very dirty or greasy and you can not only clean with water, dilute the Marseilles soap (mild soap) and then rinse, always with a microfiber cloth.

BEST USE PRACTICES for SensoSphere-Pro

For Professional Practitioners integrating into their programs

Choosing patients for Color Light Therapy

- You must inform your patient on what to expect using this therapeutic device and closely monitor the results. Make it clear that this is not a SAD device.
- You must select your patients that you feel will most benefit from this Color Light Therapy. Individuals suffering Stress from a multitude of reasons such as general chronic pain sufferers, anxiety, depression or PTSD would be prime subjects.

- Patients require sessions of 30-60 minutes at eye view level and in any frontal direction. It should be viewed from a comfort position for best results. It should **not** be placed in any area that is subject to vibrations. Combined Balance Mode and Relaxation Mode in most circumstances for brain entrainment. Duration or frequency of sessions not an issue.
- Treatment sessions ideally should be 2 - 3 times weekly over a 3 - 4 weeks period for best results. Music interface is available for patient as well.

For Sports Enthusiasts

For sport players requiring Energy before games *SensoSphere-Pro* in Energy Mode will spike you up for the game. Also after the game, many players have need to spike down and can do this by viewing the Balance Mode followed by Relaxation Mode. We have professional sports individuals using *SensoSphere-Pro*.

For Individuals Preparing for presentation or speaking events

If you need to be pumped up prior to your event, the Energy Mode will help you either in your office or home with a concentrated 15 - 30 minutes treatment session.

For all meditation Group or private sessions

Depending on type of meditation, a variety of Modes is available from Relaxation to Balance mode. They can also be combined with music interface for added ambiance.

For all active related health programs such as yoga

The Energy mode along with active music interface will provide the additional energy needed. For calm down after exercise, the Balance and Relaxation mode should be used.

For all students at any age and curriculum level

Learning energy and creativity are enhanced by using two modes of operation from Balance mode to relaxation mode during their studies. Each student will adapt the mode and amount of time for their own use based on their personal effectiveness. Generally, a minimum of 30 minutes with Balance and/or Relaxation mode. No upper limit to time duration.

THE FOUR SENSOSPHERE-Pro THERAPEUTIC MODES

Light Mode #1: Balancing



This mode displays colors of the whole rainbow, providing a balanced “color bath”. The rainbow is displayed in a variety of ways, going in turn through upwards, downwards and random sweeps of the full color spectrum. All colors are presented in equal amounts, ensuring an overall harmonizing effect. Subtle light vibrations in the Theta brainwaves range (4 to 8Hz, focusing on the Schumann Resonance frequency of 7.83Hz) intrigue and inspire creativity.

The Balancing mode always starts with a magenta color.

This mode is beneficial at any time of the day, and is compatible with almost any mood. It brings you back into a neutral balanced state from almost any other mood state. It provides learning and creative energy.

When powered On, the SENSOSPHERE-Pro always starts in Balancing Mode.

Light Mode #2: Relaxation



This mode is based on the “cool” colors, spanning the range of blue, turquoise and green. These colours are known to soothe and calm down. They tend to reduce the pulse rate, blood pressure and the respiration rate. The mode presents the light using slow, flowing rhythms, which invite peace and serenity. Occasional glimpses of yellow-lime and magenta, which are more neutral colors, bring a touch of overall balance. Fine light pulsations in the Alpha brainwaves range (8 to 12 Hz) enhance the peaceful and relaxing effect.

The Relaxation mode always starts with a soft turquoise-blue color.

This mode is ideal when you feel stressed or tense, or when you want to calm restless thoughts or emotions.

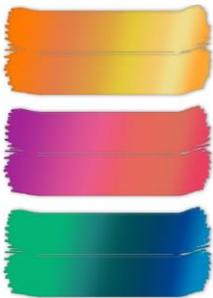
Light Mode #3: Energizing



This mode is based on the “warm” colors ranging from red to orange to yellow, which are invigorating and mood cheering. They tend to increase the pulse and respiration rate, energizing you when you feel down or drained. The mode uses slightly faster rhythms, which stimulate the nervous system and gently help to uplift and wake you up. Occasional touches of lime and magenta colours help to round up the effects of the light sequence. It features brainwaves modulations in the Beta range (12 to 20Hz).

The Energizing mode always starts with an orange-red color. Select this mode whenever you feel you need an energy boost, either physical or cerebral. Try using it to stimulate creativity and facilitate mind activity.

Light Mode #4: Monochrome



In this mode, the SENSOSPHERE-Pro displays a single, static color. (It does not contain any Light Modulation features), and acts similarly to ordinary mood lighting lamps widely available. However, due to the technology being used, this mode is highly captivating and enhances its surrounding environment. This mode also disables the sound and touch interactivity features. You can select any hue from the rainbow by sliding one hand along the sphere’s equator.

The Monochrome mode always starts with the last fixed color you selected.

TIPS FOR USING SENSOSPHERE-Pro

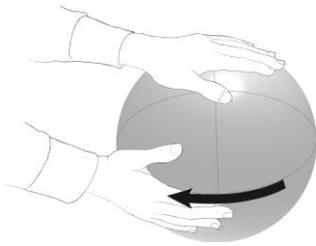
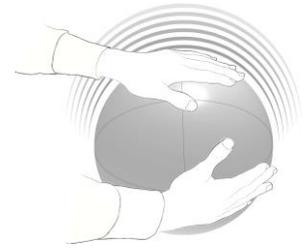
- Because of its interactive features, the SENSOSPHERE-Pro is **highly sensitive to vibrations**. When interacting with it, avoid tapping, jolting or moving it. It should always be located where there is none or minimal vibrations for best operation.
- Make sure the SENSOSPHERE-Pro is perfectly flat on its four feet so that it does not wobble when touched. If needed, you can adjust the height of each foot with a slight leg rotation.
- Hand Swipe Gestures interactivity may not function while the SENSOSPHERE-Pro is exposed to direct sunlight. It should always be used indoors.

SENSOSPHERE-Pro USER INTERFACE

The SENSOSPHERE-Pro features two types of interactivity: through Sound, and through Hand Swipe gestures. Both types modify the running Light Mode patterns in lively and unpredictable ways. This is achieved by linking the sound and hand swipe gestures signals to the control of various modulation parameters generating these light patterns, such as pulsation speed or depth, color range, color rotations or translations.

Turn Power On/Off

Simultaneously place one hand over the globe's top and the other one over its equator, and hold for a couple of seconds. The SENSOSPHERE-Pro will blink to indicate it is now in Command mode.



Holding the first hand on the globe's pole, slide your other hand clockwise along the equator for about a quarter revolution. The SENSOSPHERE-Pro will emit a **green** blink and switch Off; you can now remove your hands.

To turn the SENSOSPHERE-Pro back on, simply put your hand on its pole for a couple of seconds.

Therapeutic Mode Selection

The SENSOSPHERE-Pro has four Light Modes: Relaxing, Balancing, Energizing, and Monochrome. To switch to the next Mode swipe you hand twice (back and forth) over the globe's top, grazing within 2cm of its pole. The dual swipe should be made within 1 to 3 seconds.



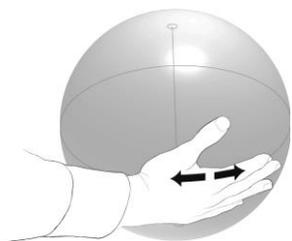
The selected Light Mode can be identified by its initial color:

- Turquoise** for Relaxing
- Magenta** for Balancing
- Orange** for Energizing

The 4th Mode, Monochrome, will show whichever color was last selected for it (*see Monochrome Color Selection*).

Light Intensity Control

Simultaneously place one hand over the Sphere's top and the other one over its equator, and hold for a couple of seconds. The SENSOSPHERE-Pro will blink to indicate it is now in Command mode.



Holding the first hand on the globe's pole, slightly slide your other hand along the equator: a clockwise shift will decrease the light intensity while a counter-clockwise shift will increase it.

Don't go too far on the decrease side; otherwise you will switch Off the SensoSphere-Pro.



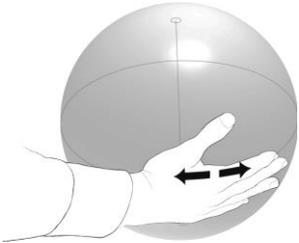
Monochrome Color Selection

The SENSOSPHERE'S 4th Light Mode, Monochrome, displays a single, static, color. Color Selection is only available in Monochrome Mode, as the other three Light Modes automatically continuously cycle through their specific color range.



To select any color from the rainbow while in Monochrome Mode, place a single hand over the globe's equator and hold it for a couple of seconds. The SENSOSPHERE-Pro will blink to indicate it is now in Command mode.

You can now slightly slide your hand along the equator: a clockwise shift will cycle the color down around the rainbow spectrum, while a counter-clockwise shift will cycle it upward. The color cycling speed will increase as you slide your hand farther from the contact point.



Once you've found the desired color, swiftly remove your hand to release the Command mode. The SENSOSPHERE-Pro will blink again to confirm Command mode is released.

Toggle Audio Sense

Sound is captured through a built-in microphone sensing ambient noises or music.

One of the SENSOSPHERE'S unique interactive feature is its sensitivity to ambient sounds or music. This feature is automatically activated whenever the lamp's power is turned On. In cases where excessive ambient noise produces undesired effects, you can deactivate Audio Sense.



To toggle Audio Sense, hold one hand over the globe's equator and swipe your other hand twice (back and forth) over the globe's top, grazing within 2cm of its pole. The dual swipe should be made within 1 to 3 seconds.

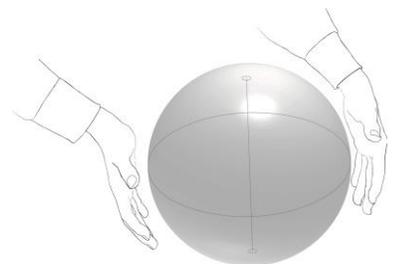
The SENSOSPHERE-Pro will emit:

- a **white** blink when Audio Sense is toggled On, or
- a **red** blink when toggled Off.

HAND SWIPE GESTURES FOR LIGHT INTERACTIVITY

At any time, you can interact with the SENSOSPHERE-Pro's lighting modes by bringing your hands close to its surface. Interaction starts around 5cm from the globe's surface, and increases as you move closer and touch it.

*Hand Motion sensitivity is maximal along the globe's equator and over its north pole, with your palms facing the globe's surface. **Note:** hand swipe gestures **interaction** is not available in Monochrome Mode, which is designed to display a single, static color.*



DISCLAIMER

SENSOSPHERE-Pro in no way should be considered as a replacement for professional medical advice. Persons with neurological disorders susceptible to light-triggered migraines should not use SENSOSPHERE-Pro. All statements made by DEMYK LIGHTMOD PRODUCTS INC., are for information purposes only and are not intended to diagnose, treat, cure or prevent disease. If you have any medical condition, it is strongly suggested you consult with your physician of choice before using this product.

WARRANTY

DEMYK LIGHTMOD PRODUCTS INC. warrants that the product will be free of defects in material and workmanship which cause the product to fail to operate in accordance to instructions set forth in documentation, USER'S MANUAL. The warranty period is for one year from date of consumer purchase and is limited to the repair or replacement of this product only and does not extend to consequential or incremental damage related to the use of this product. This limited warranty only applies when the product has been properly handled, stored, transported, wired installed within electrical values and environment conditions provided in specifications. This limited warranty may not be used to repair, or replace this product which has become defective as result of any abuse, misuse, power surges or spikes, weather related events outdoors and corrosive environments or self alterations or modifications made by unauthorized repair locations. For proper use and operation, you can find instructions in User Manuals under "SensoSphere-Pro and videos on You Tube at <https://youtu.be/AK57Lcnoodk> or www.stresslighttherapy.com. In case of "Warranty" service a pre-authorization number must be obtained from customer service after Determination of defective product at the sole discretion of DEMYK LIGHTMOD PRODUCTS INC.

For return authorization number and return "Form" details contact:
demyklightmodproducts@gmail.com

"Out of Warranty" product returns for repairs must be shipped prepaid in secure packaging. Return for repairs requires authorization number and return "Form" details contact:
demyklightmodproducts@gmail.com

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